PROGRAMS AT YOUR FACILITY

Milford Ambulance offers many programs to be taught off-site at your request. We understand that it is sometimes, more convenient to have a program taught at YOUR facility. The following certificate programs are available for instruction by a certified instructor remotely.

- Adult CPR
- Infant and Child CPR
- Basic First Aid
- AED
- Healthcare Provider CPR

Contact the ALS / Community Education Coordinator for further details and/or to schedule a program at your site.



TRAINING AND
COMMUNITY EDUCAITON
DIVISION





Milford Ambulance Service

One Union Square Milford, NH 03055 WWW.milford.nh.gov **CPR PROGRAMS**

CARDIO PULMONARY RESUCITATION

Milford
Ambulance
Service provides
instruction in a
wide range of CPR
programs for both
the community



and professional rescuers across the state and in our area.

The following is a list of CPR programs that we can provide on a one-on-one basis or to a group.

Adult CPR - This 4 hour class involves the life saving skills of rescue breathing, choking procedures and CPR for persons over the age of 8. Also included in this course is how to recognize a heart attack and stroke, along with an overview of AED (automatic external defibrillator) therapy.

Pediatric CPR - This 4 hour class involves those skills needed to perform life saving rescue breathing, choking procedures and CPR for infants, 0 - 1 year of age and children, 1 - 8 years of age. Also included in the pediatric course is child safety awareness.

Friends and Family CPR - This 4 hour class involves a community-based review

of skills needed to save the life of an adult victim in the event of a cardiac arrest, respiratory arrest, or choking emergency. This is not a certification program, rather an introduction course for everyone in the community.

Healthcare Provider CPR (2-man)

This course provides instruction in lifesaving skills for adults, infants, and children of all ages in rescue breathing, choking, and CPR. It also includes instruction in 2-man CPR techniques and use of a bag-valve-mask. This course is a MUST for all professional Rescuers and meets State of New Hampshire requirements for EMS, Lifeguards, healthcare workers, etc.

Most courses last approximately three (3) hours in length and certification cards are issued upon successful completion of both the practical and written requirements.

COURSE PRICING

Course pricing depends on the number of students that are enrolled in the program.

Re-fresher programs cost less than full programs. Students who wish to complete a refresher course should all ready have a student manual and current CPR card in their possession. Only skills testing will be

completed. This is NOT an initial instructional course.

Contact the Community Education Coordinator for complete pricing lists for your program.



CONTACT INFORMATION

Vicki Blanchard NREMT-P I/C

ALS/Community Education Coordinator

Office - (603)-673-1087

E-mail – <u>vblanchard@milford.nh.gov</u>